

Table of Contents

Message from Team Koshika

Acknowledgement

Case Stories

Ishan

Mrs. Moti Devi

Anandkumar

Sulaiman Mondal

Saurav

Kartik & Himanshu

Khushi

01

02

03

03

04

05

07

08

09

رن

10











Message from Team Koshika

As we enter the **11**th **year of our journey**, as a new decade unfolds, we once again dedicate ourselves to serving the needy with renewed vigour, and the same commitment as before.

We remain focused, not only on preventing blindness and saving little hearts, but are equally committed to help our donors nurture their souls. We do not promise a sojourn in heaven hereafter, but assure our donors that by helping the needy selflessly, they will receive countless blessings and experience absolute bliss here and now.

There are many amongst our donors who contribute from their earnings, a share with the express aim of doing good and giving back to the society. We applaud their sense of belonging to universal humanity, and their sensitivity of sharing their good fortune. Blessed are such people who act with empathy in their hearts.

Our corporate donors, who contribute from their CSR programmes, carry an equally genuine desire to do good to the society at large. It is inspiring to see that they do not donate mechanically merely to fulfil a legal obligation, but do so with warmth in their heart and sincere intent to help the needy.

The idea of charity or giving has been held in the highest esteem since

Vedic times. As the famous Sanskrit saying goes:

शतेषु जायते शूर, सहस्रेषु च पण्डितः । वक्ता दशसहस्रेषु, दाता भवति वा न वा ॥

Among a hundred is born one valorous; among a thousand (is born) an intelligent. An orator among ten thousand; a (true) giver may or may not be born.







Acknowledgement

We not only applaud our donors, but also acknowledge our gratitude to them for reposing their faith in us. And of course, we are grateful to the beneficiaries, the patients, who have given us an opportunity to serve them.

We also wish to extend heartfelt thanks to our partner hospitals who have helped convert our intent to serve into reality. We sincerely appreciate their ongoing efforts in ensuring that adequate medical protocols are duly followed, and the patients are provided care with positive outcomes.

We extend our heartfelt gratitude to Sejal Sapra and her team at Wabi Sabi India for their generous pro bono support in designing and creating our annual report with such creativity and care.

Somesh Sehgal (Trustee)

Sunil Tandon (Managing Trustee)



Koshika Offers Hope SOME SNAPSHOTS OF FY 2024-25

Koshika Helps a 4 Year Old Smile



Ishan, a brave 4-year-old, whose smile radiates hope thanks to the timely support of Koshika. Every contribution helps us bring brighter futures to children like Ishan.

Ishan, the 4 years old son of a plumber from Narela in Delhi, had developed white reflex in his eye since he was 1 year old. His mother and maternal uncle had a history of Eye cancer (Retinoblastoma) in childhood and both had undergone eye removal surgery (Enucleation) for one eye. Ishan too was diagnosed with Bilateral Retinoblastoma (Eye Cancer). His left eye had to be removed surgically to prevent spread of the cancer to the brain, which would have threatened his life.

To save his right eye, the child needed an advanced treatment with high dose of chemotherapy which directly goes into the eye through catheterization (Intra-arterial chemotherapy). Ishan's father who works as a plumber and earns Rs 10,000 monthly,

could not afford this expensive treatment. **Koshika supported Ishan's treatment**, giving him a new lease of life.

Despite his ordeal, Ishan remains a cheerful child, and support from Koshika ensured he retained his sight and hopes for a brighter future.

From Dependence & Isolation to Independence & Dignity



Moti Devi, an 86-year-old widow from the quiet village of Nathoosar in Bansur Tehsil, Alwar, Rajasthan, lived a life marked by resilience and struggle. Her elder son had passed away, and her other son is differently abled. She had to navigate life independently with no one to guide or support her. Her source of income was a meagre old-age pension and livestock rearing.

Moti Devi had endured her **deteriorating vision for over three years.** In this period, she had lost the ability to perform even basic tasks and found herself isolated from the world outside her home. As a member of a Below Poverty Line (BPL) family, accessing healthcare was a distant dream. And moreover, living in a remote village, she had no access to nearby eye-care facilities.

Moti Devi was encouraged to get her eyes examined and visited the nearby vision centre in Bansur. She was diagnosed with a severe cataract in her left eye, which required surgery. Unable to afford the surgery, Moti Devi was helped by Koshika with a free surgery.

The successful cataract surgery **restored her vision** to 6/9 and dramatically transformed her life. Post-surgery, Moti Devi regained her independence, confidently performing household tasks and moving freely within her community.



Moti Devi, 86, regained vision and dignity with Koshika's help. Her renewed independence inspires us all.

Restored Sight Renews Livelihood



Anand Kumar's vision was restored, empowering him to work and provide for his family. Koshika helped renew his livelihood, bringing hope and stability to his loved ones.

38 years old Anand Kumar comes from a poor background. He holds a Below Poverty Line (BPL) card. He lives with his wife and daughter in a small rented house in Tiptur, Tumkur district, Karnataka. He works as a barber in a local shop. However, he was facing difficulties performing his work and daily activities due to cataract in his right eye. This condition made it increasingly hard for him to manage everything.

Due to his economic condition, he was unable to afford the surgery for his cataract. As his vision worsened day by day, it became difficult for him to carry out even his daily chores. His family was dependent solely on his income.

Fortunately, he learned about a **free eye camp in Tiptur** conducted at the Ganapathi temple in Tiptur **by Shraddha Eye Care Trust under the aegis of Koshika Foundation.** Anand Kumar attended the camp, where the doctor confirmed that he had cataract in his right eye and advised him to undergo surgery. Unable to afford a paid surgery, Anand Kumar was at a loss about his future and the survival of his family. Under their commitment to prevent blindness, **Koshika came forward to fund the surgery.** The surgery was performed free of charge, and Anand Kumar was provided free food, accommodation, transport for pick-up and drop-off, free medicines, and post-operative spectacles..

After the surgery, he regained his sight and was able to perform his daily tasks confidently. He resumed his work and is now earning money again. He and his wife are very happy and grateful for the gift of sight

Restoring a Life of Hope

2 years 5 months old Sulaiman lives with his mother and grandparents in Distt Hooghly, West Bengal. The father works as a curtain maker in Haryana. The father is the only earning member to support the family of five.

Baby Sulaiman was **suffering from breathlessness** and used to turn blue. He was diagnosed suffering from a **serious congenital heart disease – TOF (Tetralogy of Fallot).** The family could not afford the required heart surgery.

Koshika was approached and funded the heart surgery. Sulaiman underwent a successful heart surgery at NH Superspeciality Hospital, Howrah.

A little heart was saved.



A New Lease of Life



Saurav, a brave 13-year-old, received a life-changing heart valve surgery. He now has a new lease on life and positive hope for a future free from breathlessness.

13 years old Saurav is the son of a dishwasher and kitchen helper from Arnota, U.P.

The young boy had been suffering for the last about 5 years from **palpitation** and even a little exertion would leave him breathless. The doctors examined Saurav and found him **suffering a congenital cardiac issue of Rheumatic Disease of one of the heart valves;** he was advised a surgery for replacement of the Mitral valve. The poor parents could not afford this very expensive surgery.

Koshika agreed to help the child by offering a free surgery and without charging for the cost of the valve. This gave Saurav a new lease of life and positive hope for the future.







Kartik & Himanshu Their Smiles Nurture Our Souls



In a small home in Shahjahanpur, Uttar Pradesh, laughter had been replaced by constant worry. A father who earned just ₹7,000 a month as a daily wage labourer was fighting a battle we cannot even imagine – the struggle to save his two little boys from blindness, and even worse – death, if no timely intervention was done.

Himanshu (5 years old) was once full of joy, but last year his family noticed a growing, painful mass in his eye. Doctors **diagnosed him with bilateral retinoblastoma**, **a life-threatening eye cancer**. His right eye had an early onset of the disease, but the left eye had an advanced stage. He needed multiple cycles of chemotherapy, multiple other procedures, and an enucleation (removal of the eye) to stop the cancer from spreading further.

As if this heartbreak wasn't enough, his younger brother, Kartik (3 years), was also found to have the same malady- deadly cancer in both eyes. His disease was even more advanced, requiring intensive chemotherapy, radiotherapy, and eye removal surgery.

This family had already endured the unimaginable – they had lost their eldest child to retinoblastoma, simply because they couldn't afford the treatment on time. Sadly, they were on the edge again, desperate to save the only two children they have left.

Thanks to the treatment for both Kartik & Himanshu supported by Koshika, the children can hope for a better future.

Every contribution, no matter how small, will help ensure that children like Himanshu and Kartik get the treatment they need to survive. These children deserve to run, laugh, and live without the shadow of cancer and death looming over their childhood.



Kartik and Himanshu's smiles symbolize renewed hope as critical treatment gives them a chance for a healthier future.

Khushi Victory Over Eye Cancer



Khushi, a brave young girl, celebrates her victory over eye cancer. Her resilient spirit shines, embracing a future filled with joy and carefree childhood.

Khushi is the only daughter of a man who sells old clothes from a cart. Like every parent, they dreamed of a simple, happy childhood for her; one filled with colours, laughter, and hope.

But life took a painful turn when little Khushi was diagnosed with retinoblastoma, a cancer of the eye. Her parents had visited several doctors; by the time they reached the hospital, the tumour had already advanced. Immediate treatment was her only chance. For her parents, Khushi is their world, their only child, and the centre of their lives. Her father worked as hard

as he could, but his meagre income was nowhere close to what her treatment required. Yet, when faced with this challenge, the family chose courage. Khushi went through chemotherapy, and later had a treatment where the chemotherapy medicine was delivered directly into her eye; this intra-arterial chemo was a very expensive treatment. Unfortunately, the disease did not respond, and removing her

In all, Khushi received 6 cycles of systemic chemo and 1 cycle of intra-arterial chemo – the entire treatment was supported by Koshika. Today, Khushi is out of danger of the disease. She now visits the hospital periodically only for her routine check-ups and otherwise spends her days laughing, playing, and living the carefree childhood she deserves.

eye was the only way forward to save her life.





What amazes everyone is that despite everything she has endured, she continues to be a bright, cheerful child whose spirit touches all who meet her.

Impact in Year 2024-25



Total number of lives touched in FY 2024-25 = 32,788

Total number of lives touched from March'11 to March'25 = 3,25,033















For further details and information on how you can participate in our movement, visit or contact:

Koshika Foundation

WhatsApp: +91 98102 59376

E-mail: koshika.org@gmail.com

www.koshika.org